# STI Services Telemedicine ECHO Series Session 3

Sustainability, Billing & Coding in STI Services

Telemedicine

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Thursday, November 19, 2020 1:00 p.m. – 2:15 p.m. CST



### DISCLOSURES

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# Acknowledgement

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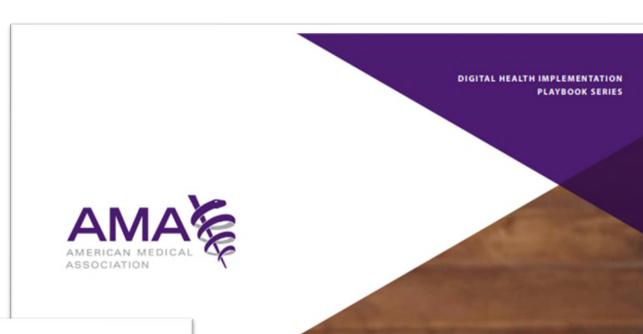
## Agenda

- Welcome and Introductions
- Review of Telehealth Implementation Tools & Guides
- Session 3 Learning Objectives
- Didactic

  Carra Benson, MS, CPC, CDEO, CPMA, Manager of Practice Management and Reimbursement Services, Texas Medical Association
- Case Presentation Meghna Sebastian, MD, FAAP, Medical Director Adolescent Medicine, Baylor Teen Health Clinics
- Discussion
- Resources and Save the Dates



### Telemedicine Implementation Tools & Guides







#### **GUIDE FOR IMPLEMENTING**

#### A TELEHEALTH PROGRAM

What public health problem are you attempting to address and how can telehealth scale up or maintain relevant programs to address this challenge?

To answer these questions, follow the steps to 1. Assess, 2. Define, 3. Plan, and 4. Implement your telehealth program.

**\_ 1.** ASSESS 🗟



#### **NEEDS**

- Gather information from state or community needs assessments or
- ► Collect data quantify needs to create measurable objectives.
- Prioritize needs to focus restricted resources where they will be most effective.
- Analyze the scope of the population for whom you are trying to provide services for, such as what health insurance plan or type of insurance will cover the regulations may impact the issue you are addressing? For example, some states have specific privacy laws that relate to mental health



#### **PARTICIPANTS**

- Identify and assemble a team of stakeholders.
- Engage clinical, technological, administrative, and legal staff in the process from the beginning to build sustainability and
- Identify a telehealth champion or specialized champions to the development.
- Consider whether there is a willingness to collaborate from from the client population. Their support can determine whether the program succeeds.

https://www.astho.org/ASTHOBriefs/Guide-for-Implementing-a-Telehealth-Program/



#### CONTEXT

- evaluate existing resources and availability to participants to determine if updates or access is needed in the facility before adding telehealth

- Understand telehealth federal and state policies,



- Identify available resources such as funding, staff, and facilities.
- ➤ Conduct a preliminary technology assessment to technologies.



https://www.amaassn.org/system/files/2020-04/amatelehealth-playbook.pdf





#### JTIVE SUMMARY

verview (1-2 paragraphs max) of key elements: written after all the other steps completed telemedicine needed at this time & institution?

initial target stakeholders der & patient groups)? is the main goal that will be ved (outcomes)?

will it cost & what will expected ROI be?

#### .JDUCTION & BACKGROUND a. Why does your institution need telemedicine now? Discuss gaps in patient care that can be addressed

- with telemedicine. b.Identify key players/stakeholders - providers, patients, finance, technical, admin, legal etc.
- c. Goals & metrics what do you hope to accomplish if telemedicine implemented?

#### 3. NEED & DEMAND ASSESSMENT

- a. All stakeholders telemedicine & why?
- b. Surveys, focus groups can be used to capture
- c. Buy-in is critical from all stakeholders need commitment to change current processes.

- 5. SERVICE PLAN ASSESSMENT
- a. Delivery mode(s) store-forward, real-time, remote monitoring, ECHO, hybrid
- b.Reimbursement who are your payors & do/will they reimburse for telemedicine? Will you choose a direct-to-consumer model where patient pays directly?
- c. Technology platform depending on your delivery model(s) what technology will be required? What are you willing to invest? Who will maintain? Will you invest in a commercial platform or build in-house? Consider both
- sides of the connection provider & patient/other client. d.Champions - not just providers, but patients, C-suite, IT, finance, administrative, legal etc.

#### 6. MARKETING

- a. Market segmentation, targeting, positioning, share availability, growth - are there others in your area providing similar services that will compete for your clients? Do you currently have enough clients that are likely candi dates for telemedicine? Will they be enough to generate needed ROI or will you need to grow your client base?
- b.Brand name what will you call your program to set it apart from everyone else? Will it convey what you want to the audience you hope to capture? Think about a name, logo, hashtag, tag line.
- c. Promotion how will you advertise your program &

https://www.telehealthresourcecenter.org/wp-content/uploads/2019/01/15-Steps-Jan.-2019.pdf



### Key Themes

- Billing and coding: The Ins and Outs
- How do I code that?
- Payment parity for telemedicine resources
- Helpful resources and reference points
- Considerations for the future including sustainability
- Confidentiality/Privacy



## Learning Objectives

#### By the end of this session, you will be able to:

- Identify strategies to ensure that documentation meets billing and coding standards for telemedicine; and
- Describe at least one consideration for sustainability and future of telemedicine programming.





# Telemedicine Coding and Billing Carra Benson, MS, CPC, CDEO, CPMA

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# Agenda

- CPT codes
- Modifiers and place of service
- Documentation
- How do I code that?
- Future of telemedicine
- Texas Department of Insurance

# CPT Codes

- Telehealth
  - 99201-99215
- Virtual check-in
  - G2010
  - G2012
- e-Visit
  - 99421-99423
- Telephone
  - 99441-99443

## Modifiers and Place of Service

#### Modifiers

- 95 Synchronous rendered via real-time interactive audio and video
- GT Interactive audio and video
- GQ Asynchronous telecommunications

#### Place of service

- 02 Telehealth
- 11 Office
- 22 Outpatient hospital

## Documentation

- Standards have not changed!
- Support medical necessity
- Extra documentation
  - Method of communication
  - Start and end times



**Telehealth Scenario 1:** Established patient visit with an in-network provider who uses an audio-video or audio-only telecommunications system for COVID-19 or non-COVID19-related care.







Patient Scenario	Visit	Billing
Established patient presents for a telehealth visit using HIPAA-compliant or non-HIPAA-compliant audio-video or audio-only technology for COVID-19 or non-COVID-19-related care not resulting in COVID-19 diagnostic testing.	<ul> <li>Scheduled or same-day telehealth visit with an established patient</li> <li>Use of HIPAA-compliant or non-HIPAA-compliant audio-video or audio-only technology, such as FaceTime or Skype*</li> <li>Care is delivered by an in-network physician, nurse practitioner or physician assistant</li> </ul>	<ol> <li>Step 1. Use appropriate Office Visit E/M code (99211-99215).         Audio-only visits for Medicare Advantage members, including DSNP members, must use audio-only E/M codes (99441-99443), as of May 13, 2020.</li> <li>Step 2. Use the place of service that would have been reported had the service been furnished in person (11, 20, 22, 23).</li> <li>Step 3. Use 95 modifier for Medicare Advantage, Medicaid* and Individual and fully insured Group Market health plans (not required for 99441-99443).</li> <li>Step 4. Refer to Centers for Disease Control and Prevention (CDC) ICD-10-CM Official Coding Guidelines.</li> </ol>

### How Do I Code That?

- Scenario: Patient has telemedicine visit with physician and needs to go to the clinic for further face-to-face services.
  - Do I code it as a telemedicine visit or in-person office visit?
    - When a telemedicine visit turns into an in-person office visit, it is no longer considered a telemedicine visit.
- Scenario: Patient has a telemedicine visit and then needs to go to the clinic for lab.
  - Do I bill both services on the same claim or separate claims?
    - They are billed on separate claims.

### How Do I Code That?

- Scenario: Physician provides services to patient who is in a car in the parking lot of the office.
  - What POS do I bill?
    - The same coding and billing requirements apply as if the service was conducted in the office.

# Future of Telemedicine

- Watch for new payer policies in 2021
  - Cigna
    - Must be audio/visual (synchronous)
    - Continue to pay same rate as in office
      - Do not use POS 02

- 2021 legislative session
  - TMA advocacy

# Texas Department of Insurance

- Payment parity
  - Ends in 2020
  - Applies to state plans only
  - Office visits
    - 99201-99215

### Resources

Texas Medical Board FAQ

AMA Coding Scenarios

Blue Cross and Blue Shield of Texas

Cigna

<u>UnitedHealthcare</u>

Parking Lot Place of Service

CMS Interim Final Rule

CDC Guidance on STD Disruption of Services

### Thank You

Questions?
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