# **Session 3** Billing & Coding: Case Presentation

## MEGHNA SEBASTIAN, MD, FAAP **Baylor Teen Health Clinics**







## Baylor College of Medicine: Teen Health Clinic Sexually Transmitted Infection Services During COVID-19





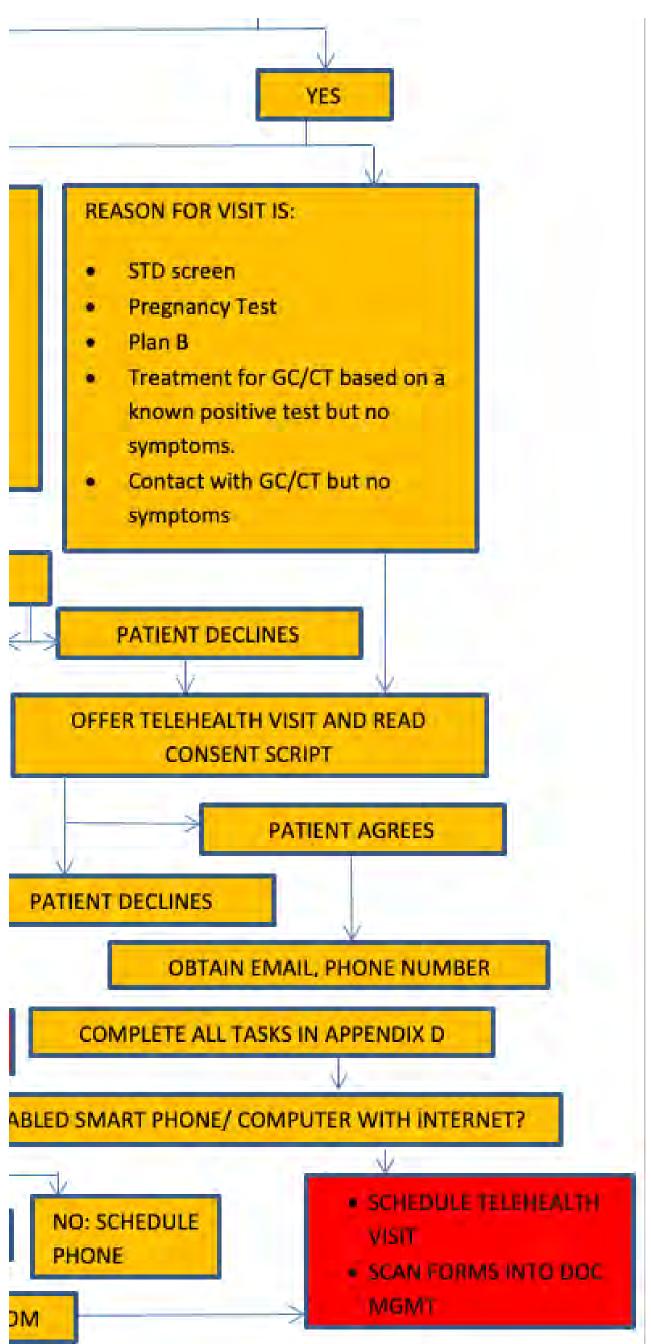
**BTHC** Processes

- Implemented telehealth to continue providing services while maintaining COVID-19 safety guidelines
- Continued to see patients in-clinic (expedited visits)
- Continued to see walk-ins

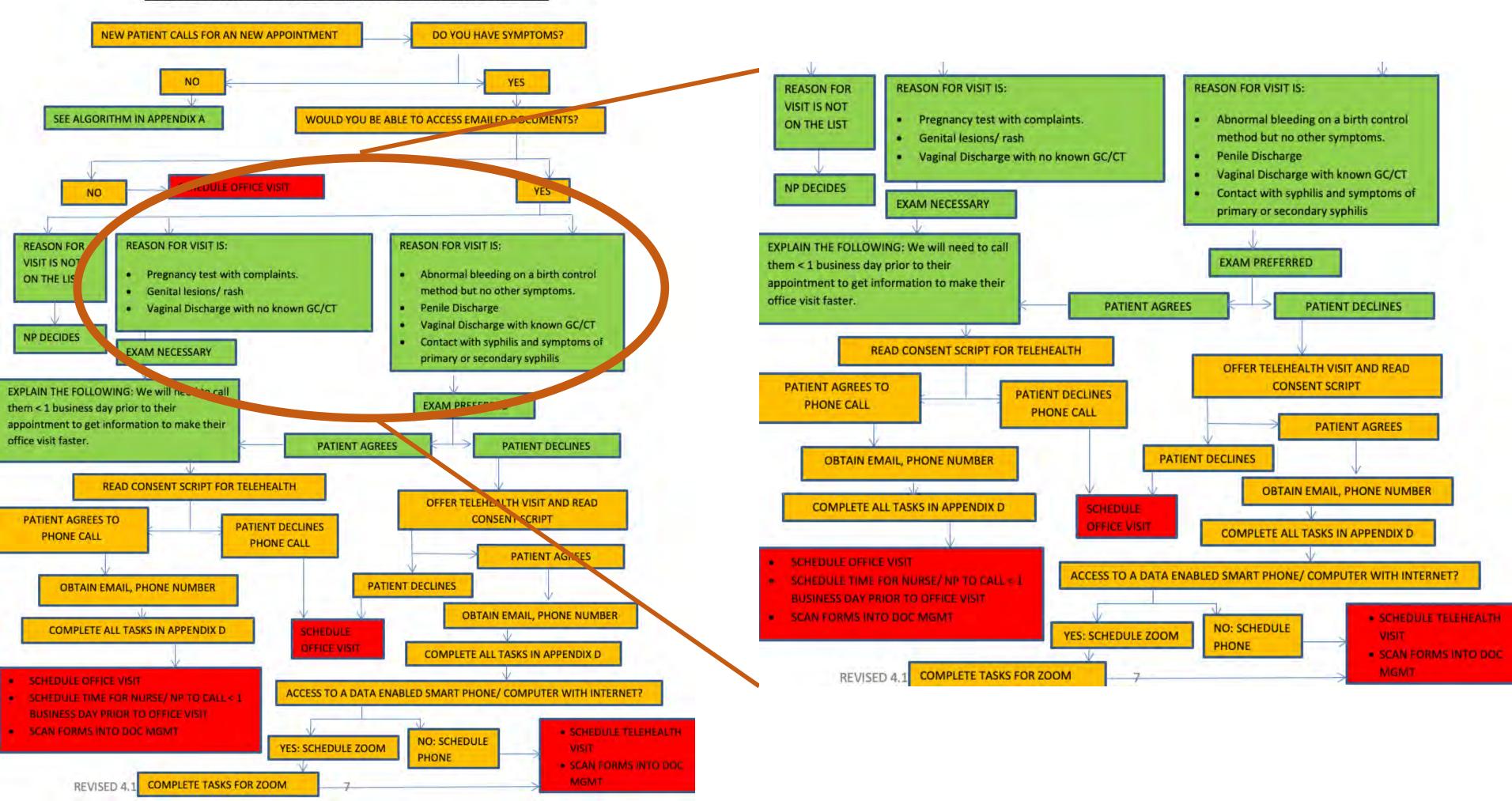
## STI Testing Practices

- Telephone/Zoom prior to visit
- If symptomatic and exam was deemed necessary, expedited visit same-day or next-day
- If asymptomatic and no well exam needed, does not need an inperson clinic





### Appendix B: BAYLOR TEEN HEALTH CLINIC <u>PROTOCOL FOR SCHEDULING OF NEW PATIENTS WITH SYMPTOMS:</u> Yellow = Scheduler (Any staff member), Green = Nurse/ NP, Red = End point



# STI Billing

- Addition of a telemedicine CPT modifier to billing procedures
- Documentation changes in EHR
  - Documenting consent and patient location in the EHR
  - Proper documentation in the patient's medical file for conducting Telemedicine visits
    - Time NP/MD spent with patient
    - Telephone or Zoom

## **Adolescent-Focused Services**

- Question of long-term sustainability (reimbursement)
- Privacy and confidentiality issues of telemedicine visits for adolescents and young adults
- Minors can still self-consent to STI services
- Patient access and utilization of telemedicine services
  - Technology (smart phone, computer, and internet)
  - Preference for in-clinic examination

# Implementation of Telemedicine

- Development of telemedicine protocol and procedures: March 2020
- Pilot Phase 1: Established patients (1 week)
  - Training and Scale-up Phase 1 to clinic-system
- Pilot Phase 2: New patients (1 week)
  - Training and Scale-up Phase 2 to clinic-system
- Continuous training and feedback

## Telemedicine Volume

- Approximately 15 20% of visits were completed as telemedicine visits (200 – 300 of an average of 1300 – 1500 visits every month)
- Of the remaining: Many other patients started as telehealth visits and were subsequently seen in clinic for completion of exam
- Pre-visit telehealth screening allowed face to face time to be significantly reduced

## STI Screening and Positives

Positive (Mar - Aug 2019)	Positives	Tests	<b>TOTAL TESTS = 22,514</b>
Syphilis	137	4969	101AL 12313 - 22,314
HIV	17	4979	TOTAL INFECTIONS
Chlamydia	1025	6287	DETECTED = 1559
Gonorrhea	380	6279	
Positive (Mar - Aug 2020)	Positives	Tests	TOTAL TECTS - 10 00E
Syphilis	111	3974	TOTAL TESTS = 18,095
HIV	10	3965	TOTAL INFECTIONS
Chlamydia	787	5077	DETECTED = 1291
Gonorrhea	383	5079	

17 % less infections detected in 2020 as compared to 2019

# Discussion





# **Additional Resources**

### Implementation

- **AMA Telehealth Playbook**
- **ASTHO Resources for Implementing Telehealth**
- **CMS** Toolkit
- **National Consortium of Telehealth Resource Centers Toolkit**

### **HHS and CDC Dear Colleague Letters**

- STD Treatment (April 6, 2020)
- EPT update and clarification to April 6 letter (May 13, 2020)
- Test Shortage (September 3, 2020)

### **Clinic Resources (Policies, Waivers, Fact Sheets, etc.)**

- HHS.gov COVID and Telehealth Guidance
- **NCSD's COVID Command Center Telehealth Resources**
- **NFPRHA Member Telehealth Strategies**







# **Additional Resources**

### **Peer Reviewed Articles on Telehealth Implementation**

- <u>Virtually Perfect? Telemedicine for Covid-19</u>
- Novel Coronavirus (COVID-19): telemedicine and remote care delivery in a time of medical crisis, implementation, and challenges
- <u>Telemedicine maintaining quality during times of transition</u>
- The role of telehealth during COVID-19 outbreak: a systematic review based on current evidence

### **Past Webinars & Other Resources**

- **Best Practices for Telemedicine: The Provider and Patient Experience**" (past webinar and additional information)
- "NCTRC Webinar Telehealth and COVID-19" (past webinar and slides)
- Variations in Telemedicine Across the World: Q&A with Tiago Cravo Oliveira Hashiguchi (Q&A Interview)
- Patient Experience with Telehealth Services and Health Education





# Save the Dates: ECHO Sessions

Only one more session this year!

## Session 4: Program Goals & Measuring Success in STI **Services Telemedicine**

- Thursday, December 10, 2020; 1:00 p.m. - 2:15 p.m.





# Save the Dates: Peer-to-Peer Sessions

- Friday, December 4 11:30-12:30 pm CT
- Thursday, December 17 11:30-12:30 pm CT

- What are the peer-to-peer sessions?
- Discussion based on key topics following the ECHO sessions
- Opportunity to connect with colleagues and share successes and challenges
- No CE offered
- More information will be emailed to ECHO participants



# **Thank You!**

Please complete the evaluation to receive CNE credit, and to help us improve future sessions.

https://www.surveygizmo.com/s3/5764018/STI-Telemedicine-Technical-Assistance-ECHO-Series-Evaluation

Session eligible for 1.5 contact hours.

Note: This link will also be emailed to participants within 24 hours of this session.

