

Case Presentation

Factors to keep in Mind When Seeking a Medical Recommendation

Carlos Landaeta DDS, Narayanan Sreenivasan, BDS, DDS, MDS

CC: "I want this my tooth out"

HPI:

Pt is a 53 y/o F present to OS for extraction. Pt reports that the tooth (#3) has been painful since 2006 with concomitant active drainage that comes and goes. Pt was evaluated by a general dentist who gave her the option to restore the tooth, but due to financial reasons, pt decided to extract. Pt reports pain on palpation and percussion as well as sensitivity to cold. Pt states the pain is throbbing, sharp, and radiated to the ear. The patient states she does not take medications for pain.

Medical History:

1. Hypertension.
2. Autoimmune blood clotting disorder.
3. 3-4 TIAs She was admitted to the hospital for two days in Nov. 2023.
(First TIA Dec. 2022)
4. DVT (right arm)
5. Hashimoto's
6. Sjögren's syndrome.
7. Rheumatoid Arthritis.
8. Anxiety
9. Depression.
10. Migraines (Marijuana)
11. Fibromyalgia.

Medications:

1. Synthroid.
2. Alprazolam.
3. Effexor.
4. Amlodipine.
5. Clopidogrel.

Allergies:

NSAIDs (anaphylactic shock),
Levaquin (hives),
Zofran
environmental allergies.

Vitals Signs:

BP:123/82

P: 77 b/m

R: 16 r/m

METs: >4

Clinical Presentation:

Extraoral exam: NO facial swelling or asymmetry.

Intraorally: NO swelling no sinus track or signs of infection.

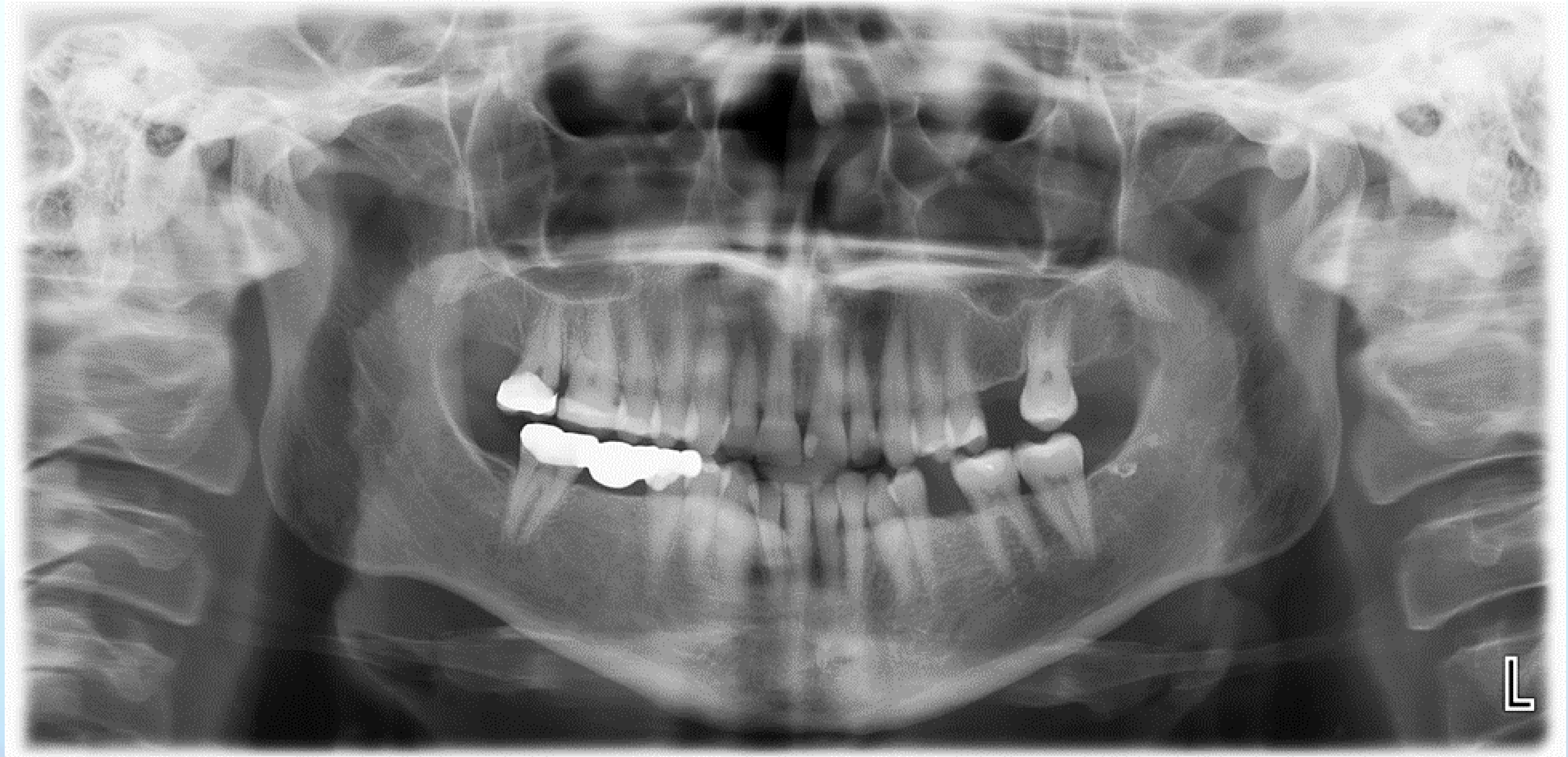
Decayed # 2 and 3

Diagnosis:

1. Grossly Carious # 2 and 3

Treatment Plan:

1. Surgical Extraction # 2 and 3.



With patient's medical history

Can we proceed with the surgical extraction?

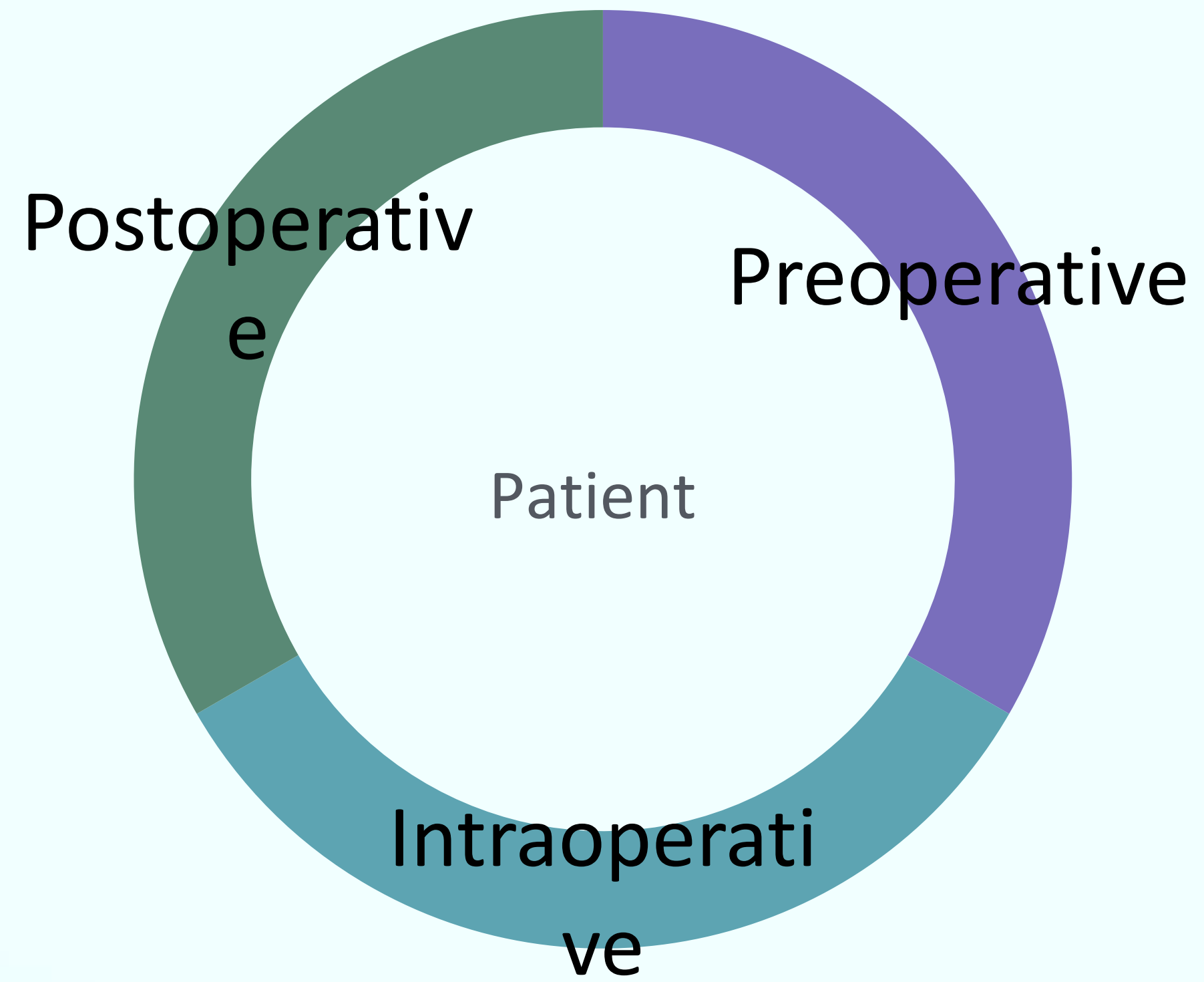
Is there anything that concerns you about this patient? (Medical finding)

If yes,

What is your concern? (Medical)

Should we request a medical consult before the procedure?

What should we ask the physician?



Autoimmune blood clotting disorder???

TIA-DVT

Current Labs Test?

Complementary Exams?

Medication

Stress reduction protocol

Preoperative

Medical History:

1. Hypertension.
2. Autoimmune blood clotting disorder.
3. 3-4 TIAs
4. DVT (right arm)
5. Hashimoto's
6. Sjögren's syndrome.
7. Rheumatoid Arthritis.
8. Anxiety
9. Depression.
10. Migraines (Marijuana)
11. Fibromyalgia.

Autoimmune blood clotting disorder???

TIA-DVT

Current Labs Test?

Complementary Exams?

Medication

Stress reduction protocol

Disease identification

Disease quantification

Details of Medications

Sedation considerations

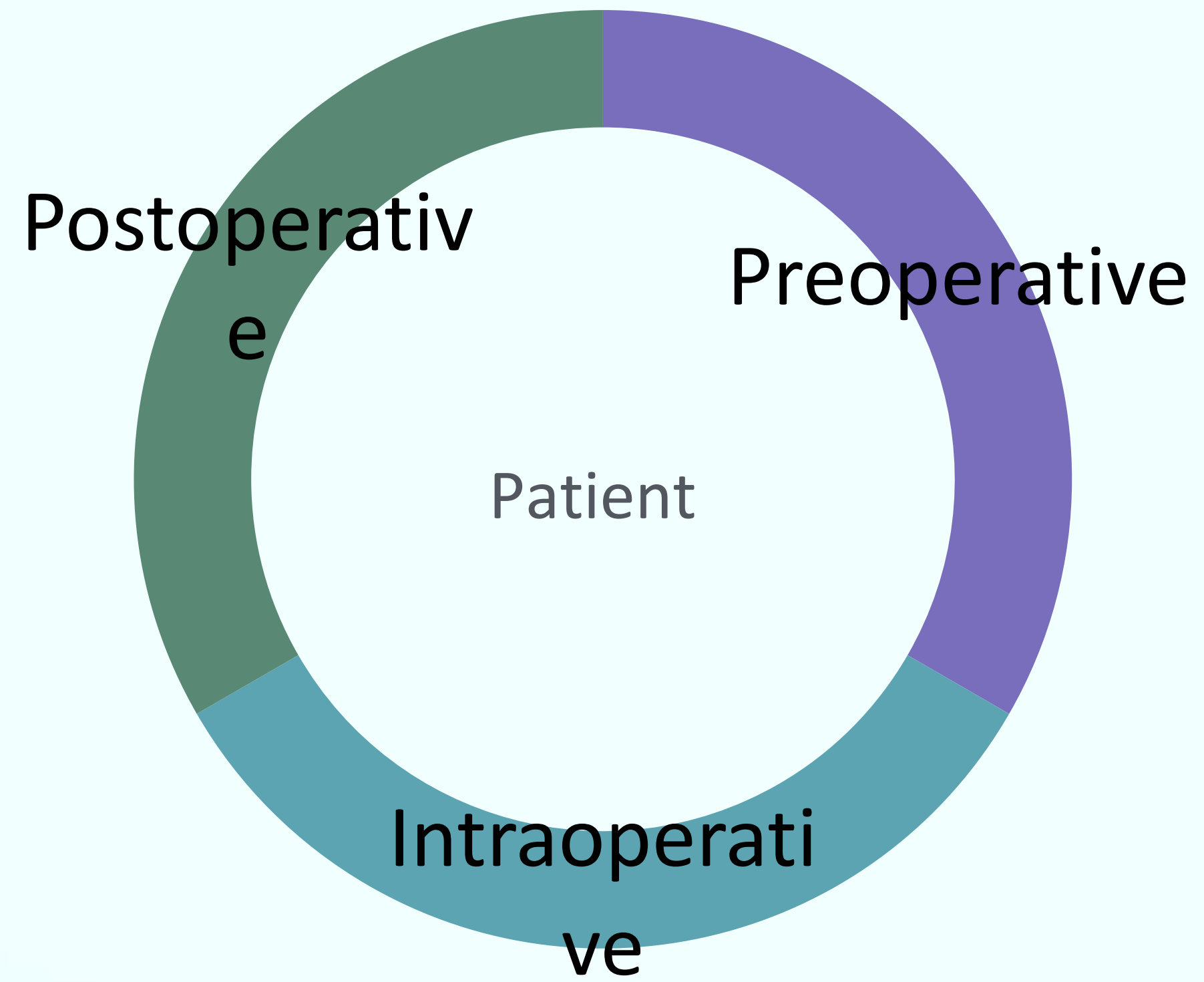
Drug interactions

Impact on Healing

Medications:

1. Synthroid.
2. Alprazolam.
3. Effexor.
4. Amlodipine.
5. Clopidogrel.

Allergies: NSAIDs (anaphylactic shock), Levaquin (hives), Zofran, and environmental allergies.



Autoimmune blood clotting disorder???

TIA-DVT

Current Labs Test?

Complementary Exams?

Medication

Stress reduction protocol

Another TIA or thromboembolism event.

Bleeding.

Stress reduction Protocol

Intra-operative

Medical History:

1. Hypertension.
2. Autoimmune blood clotting disorder.
3. 3-4 TIAs
4. DVT (right arm)
5. Hashimoto's
6. Sjögren's syndrome.
7. Rheumatoid Arthritis.
8. Anxiety
9. Depression.
10. Migraines (Marijuana)
11. Fibromyalgia.

Another TIA or
Thromboembolism event.

Bleeding

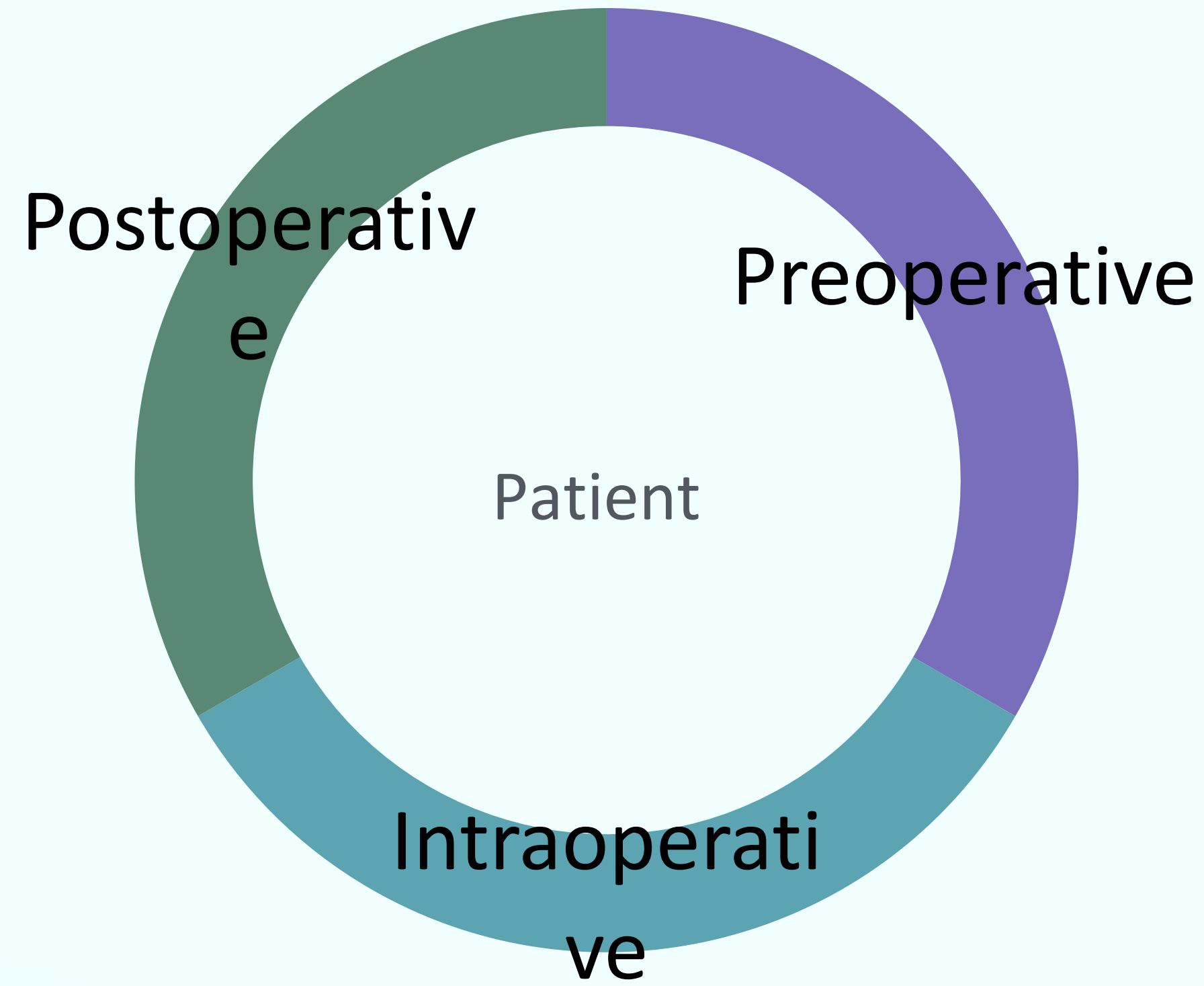
Epinephrine caution

Stress reduction Protocol

Medications:

1. Synthroid.
2. Alprazolam.
3. Effexor.
4. Amlodipine.
5. Clopidogrel.

Allergies: NSAIDs (anaphylactic shock), Levaquin (hives), Zofran, and environmental allergies.



Bleeding
Pain management

Autoimmune blood clotting disorder???

TIA-DVT

Current Labs Test?

Complementary Exams?

Medication

Stress reduction protocol

Another TIA or thromboembolism event.

Bleeding.

Stress reduction Protocol

Post-operative

Medical History:

1. Hypertension.
2. Autoimmune blood clotting disorder.
3. 3-4 TIAs
4. DVT (right arm)
5. Hashimoto's
6. Sjögren's syndrome.
7. Rheumatoid Arthritis.
8. Anxiety
9. Depression.
10. Migraines (Marijuana)
11. Fibromyalgia.

Bleeding

Pain Management

Antibiotic

Drug Considerations

Medications:

1. Synthroid.
2. Alprazolam.
3. Effexor.
4. Amlodipine.
5. Clopidogrel.

Allergies: NSAIDs (anaphylactic shock), Levaquin (hives), Zofran, and environmental allergies.

Medical Consult Template

Dear Dr.

During my routine dental examination of our mutual patient on, I recorded a medical history that requires additional input from your office.

Medications: Add list of medications.

Medical Conditions: Add list of Medical Conditions

Dental Treatment Anticipated:

Information Requested:



UT Health
San Antonio

Dentistry

UTHSCSA Dental Clinic || 8210 Floyd Curl Dr || San Antonio, TX || 78229-3923
Phone: (210) 450-3336 || Fax: (210) 450-2216

Patient Medical Consultation Report

To: [Redacted]
[Redacted]
Phon: [Redacted]
Fax:



Several teeth are decayed. They may need to be removed to reduce the risk of odontogenic infection.

Our plan is to remove the decay with 2% Lidocaine with 1:100000 epinephrine, and place implants with parenteral minimal-moderate sedation with small amounts of midazolam possibly with fentanyl.

We are asking you to help by confirming the completeness of her history and to voice any concerns you have with our care plan. Please share any lab values you think pertinent. We can be reached at the fax number below. Thank you in advance for your help.

Supervising Faculty:

[Handwritten signature]

Student / Resident:

[Handwritten signature]

Permission is granted for release of information concerning my health or the health of the above named to the UT Dentistry : San Antonio.

Patient or Authorized Signature

[Handwritten signature]

TO BE COMPLETED BY THE CONSULTANT AND RETURNED TO THE DENTAL SCHOOL
MEDICAL FINDINGS AND RECOMMENDATIONS:

Cleared

Consulting Physician's Signature

[Handwritten signature] 10/9/23

Please send or fax the completed form to the patient's group practice at (210) 450-2216

mdcons_undergrad



Request for Clearance is
RARELY NEEDED
for Minor Surgery & Dentistry

Dear Dr.

During my routine dental examination of our mutual patient on Dec 2023, I recorded a medical history that requires additional input from your office, pt has reported to us that she has the following medical conditions.

Medications: Synthroid: Alprazolam, Effexor, Amlodipine, Clopidogrel.

Medical Conditions: 1. **Hypertension**, Autoimmune blood clotting disorder, **3-4 TIAs (Pt has reported 3-4 TIAs within the last 2 years)?, Deep Vein Thrombosis?, Hashimoto's**, Sjögren's syndrome, Rheumatoid Arthritis, **Anxiety**, Depression, Migraines (Marijuana), Fibromyalgia.

Dental Treatment Anticipated: Surgical Extraction of teeth #2 and #3 under local anesthesia 2% lidocaine w/1:100k epinephrine.

Information Requested:

1. We'd like you to kindly provide us the details of her history of TIAs, DVT, and type of the autoimmune clothing disorder.
2. We'd like if the patient has any other medical conditions or medication that she is taking that we should be aware of.
3. We'd like the current cardiac status and her suitability to go forth with the surgical extraction.

Thanks for your valuable help in this matter, we really appreciate it.



SHANNON CLINIC MAGDALEN [REDACTED]
102 NORTH MAGDALEN
SAN ANGELO TX 76903-5400
Dept: 325-653-6741
Loc: 325-658-1511

[REDACTED]

Patient: [REDACTED]
Date of Birth: [REDACTED]
Date of Visit: [REDACTED]

Dear [REDACTED],

There is no contraindication for patient to have dental procedure that is necessary based on patient's neurological history. However, under NO circumstance should patient have her Plavix stopped for any procedure due to her history of stroke.

Sincerely,
[REDACTED]

Medical Consultation - Summary

Aid

- Disease identification
- Disease quantification
- Details of Medications
- Details of Devices

Suggest management

Intraperative and Postoperative management

Preoperative,

Identify potential complications

- Prompt recognition
- Appropriate therapy

Knowing your patient well will also be very helpful information in preventing medical emergencies during a surgical procedure



Thank you