



NEONATAL ABSTINENCE
SYNDROME SYMPOSIUM



NEONATAL ABSTINENCE SYNDROME SYMPOSIUM

JUNE 25-27, 2023 CORPUS CHRISTI, TEXAS



TEXAS
Health and Human
Services



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NEONATAL ABSTINENCE SYNDROME SYMPOSIUM

SUNDAY, JUNE 25, 2023

8:00-4:00	Pre-Function	Registration Check-in
8:00-9:00	Nueces Foyer	Breakfast served
9:00-12:00	Nueces	Brief Motivational Interviewing: Supporting the Behavior change Process by Stacy Ogbeide, PsyD, ABPP, CSOWM, Associate Professor of Family & Community Medicine and Assistant Dean for Faculty, UT Health San Antonio
1:00-1:30	Nueces Foyer	Refreshments served
1:30-2:30	Nueces	Overdose Prevention Training: Key Updates & Refresher by Diana Cavazos, PhD, MSN, RN, Assistant Professor/Clinical, UT Health San Antonio, School of Nursing

NEONATAL ABSTINENCE SYNDROME SYMPOSIUM: CONNECTING FAMILIES AND COMMUNITIES USING A CULTURALLY CONGRUENT APPROACH MONDAY, JUNE 26, 2023

7:00-8:00	Pre-Function	Registration Check-in (breakfast and coffee served)	
8:00-8:30	Corpus Christi	Welcome Dr. Fauzia Khan, Public Health Director City of Corpus Christi	
8:30-9:00	Corpus Christi	Prenatal opioids, mother and children by Stephanie Merhar, MD, MS, Cincinnati Children's Hospital Medical Center, Associate Professor Division of Neonatology	
9:05-10:05	Corpus Christi	The Importance of Neonatal Abstinence Syndrome Services for Women and Families in Texas by Courtney Harvey, PhD, Associate Commissioner and Mental Health Statewide Coordinator, Texas Health, and Human Services Commission	
10:05-10:15	Pre-Function	Refreshment Break with exhibitors	
		Track 1 Corpus Christi	Track 2 Nueces
10:15-11:15		Neurobiology of Addiction by Dr. Brad Fitzwater, Medical Director Texas Health and Human Services Commission	The Bridge Program: Caring for Pregnant People with Substance Use Disorder by Leah Habersham, MD, MBA, MS, FACOG, FASAM, Assistant Professor, Icahn School of Medicine at Mount Sinai
11:20-12:20		Canadian Pregnancy Outreach Program: Model of Care by Dr. Janine Hardial, MD, CCFP, FCFP, Family Physician	11:20-11:50 AM Family CARE Portfolio: Setting the Foundation for Families affected by Substance Use Disorder by Andrea Rincones-Hernandez, CHWI, Research Administration Specialist, Baylor College of Medicine
			11:50-12:20 PM Pregnancy and Early Parenting in Recovery: A Situation Specific Self-Management Theory by Nicole Mattson, PhD, RN, CNS-BC, Assistant Professor, Marquette University College of Nursing
12:20-1:20		Lunch on your own	

1:20-2:20		<p>Serving the Unique Family by Rebecca Vahle, MA Ed, Founder & Executive Director, Family to Family Support Network</p> <p>1:20-1:50 PM Implementing a neonatal abstinence syndrome toolkit to improve nurse self-efficacy and knowledge by Maria V. Hughes, DNP, RN, MSN. MHA, NEA-BC, Clinical Assistant Professor, Purdue University Northwest, College of Nursing</p> <p>1:50-2:20 PM UT Street nursing: Nursing education without walls, Diana M. Cavazos, PhD, RN, Assistant Professor/Clinical, UT Health San Antonio School of Nursing</p>
2:25-3:25	Corpus Christi	Supporting Women in Aftercare Alpha Home Alumnae by Liza Jensen, LCSW-BCD, Chief Officer & Barbara West Hood, Recovery Coach
3:25-3:35	Pre-Function	Refreshment Break with Exhibitors
3:35-4:35	Corpus Christi	One Goal, Many Paths: Identifying pathways to provide support and services to families with substance exposed infants by Marco Quesada, Division Administrator- Field Operations/Master Investigation Program, Child Protective Services
4:45-5:45	Pre-Function	Poster Presentations Authors Present and Reception
TUESDAY, JUNE 27, 2023		
7:30-8:30	Pre-Function	Visit with Exhibitors (Breakfast & Coffee served)
8:30-9:30	Corpus Christi	Respectful Maternity Care: Every Interaction Matters by Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN, Specialty Director, Emory Decatur Hospital
9:40-10:40	Corpus Christi	Respectful Care for All Families by Rebecca Vahle, MA Ed, Founder & Executive Director, Family to Family Support Network
10:40-11:00	Pre-Function	Refreshment Break with exhibitors
11:00-12:10	Corpus Christi	Simulation: A Day in the life of Sophia by Laura Sisk DNP, RN, & Jasmine Graw, PhD, APRN, CPNP-PC, RN, MSN, UT Health San Antonio School of Nursing; Beth Johnson, MSN, APRN, FNP-C, Texas A&M University-Corpus Christi College of Nursing and Health Sciences
	Pre-Function	<i>12:10 PM grab your lunch and take a seat</i>
12:10-1:30	Corpus Christi	12:30 PM Mom's Lunch Panel; Julie Ball (mom) Tiffany Harper (mom), Ashly Cantu (mom), Diana Cavazos, PhD, MSN, RN, and Leticia Scott, MA, UT Health San Antonio School of Nursing
1:35-2:35	Corpus Christi	Ally vs. Accomplice: How to Call Everyone In by Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN & Rebecca Vahle, MA Ed
2:35-2:45	Pre-Function	Refreshment Break
2:45-3:45	Corpus Christi	Clinical and Policy Transformation for A Novel Continuum of Care for Neonatal Abstinence Syndrome by Lisa Cleveland, PhD, APRN, CPNP, IBCLC, FAAN, Professor, Mary Jane Ihle Clark Professor in Caregiving, UT Health SA SON & Charles W. Mathias, PhD, Associate Professor, Tenured UT Health SA Department of Psychiatry and Behavioral Sciences

SPEAKERS



Julie Ball, Mom



Janine Hardial, MD, CCFP, FCFP, Family Physician



Ashly Cantu, Mom



Tiffany Harper, Mom



Diana Cavazos, PhD, MSN, RN
Assistant Professor/Clinical, UT Health San Antonio, School of Nursing



Courtney Harvey, PhD, Associate Commissioner and Mental Health Statewide Coordinator
Texas Health and Human Services Commission



Lisa Cleveland, PhD, APRN, CPNP, IBCLC, FAAN, Professor
Mary Jane Ihle Clark Professor in Caring UT Health San Antonio, School of Nursing



Barbara Hood, A.A.S., RSPS, Alpha Home Alumni



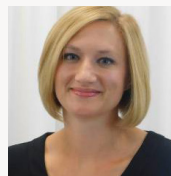
Brad Fitzwater, MD
Substance Use Medical Director, Texas Health and Human Services Commission



Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN, Specialty Director
Emory Decatur Hospital & Founder & CEO of NotOnMyWatch Consulting Partners



Jasmine Graw, PhD, APRN, CPNP-PC
Clinical, UT Health San Antonio School of Nursing



Maria Hughes, DNP, RN, NEA-BC Assistant Professor
Purdue University Northwest College of Nursing



Leah Habersham, MD, MBA, MS, FACOG, FASAM, Assistant Professor
Icahn School of Medicine at Mount Sinai



Liza Jensen, LCSW-BCD, Chief Executive Officer, Alpha Home

SPEAKERS



Beth Johnson, MSN, APRN, FNP-C
Texas A&M University-Corpus Christi
College of Nursing and Health
Sciences



Leticia Scott, M.A.
Program Manager
Ed.D. Student
UT Health San Antonio - School of Nursing



**Charles W. Mathias, PhD, Behavioral
Health Researcher and Professor**
University of Texas Health Science in
San Antonio's School of Nursing



Laura Sisk DNP, RN, Assistant Professor
Clinical UT Health San Antonio, School of
Nursing



Nicole Mattson PhD, RN, CNS-BC
Assistant Professor
Marquette University
College of Nursing



**Rebecca Vahle, MA Ed, Founder &
Executive Director**
Family to Family Support Network



**Stephanie Merhar, MD, MS,
Neonatologist and Clinical
Researcher**
Cincinnati Children's Hospital Medical
Center



**Stacy Ogbeide, PsyD, ABPP,
CSOWM, Associate Professor**
Family & Community Medicine and
Assistant Dean for Faculty, UT Health
San Antonio



**Marco Quesada, Division
Administrator**
Field Operations/Master Investigation
Program, Child Protective Services



Andrea K. Rincones-Hernandez
Research Administration Specialist
Baylor College of Medicine

8TH ANNUAL NEONATAL ABSTINENCE SYNDROME SYMPOSIUM

OMNI HOTEL CORPUS CHRISTI TEXAS

Theme: Connecting Families and Communities using a Culturally Congruent Approach

All sessions will be provided in person only (no virtual options).

Texas recognizes June as Neonatal Abstinence Syndrome (NAS) Awareness Month learn more HB No. 405 <https://capitol.texas.gov/tlodocs/86R/billtext/html/HB004051.htm>. The NAS symposium will contain useful information and unique engagement opportunities with an array of accomplished community and professional speakers. We hope you will attend and take advantage of all the symposium will offer.

On December 29, 2022, the Consolidated Appropriations Act of 2023 enacted a new one-time, eight-hour training requirement for all Drug Enforcement Administration (DEA)-registered practitioners on the treatment and management of patients with opioid or other substance use disorders. This symposium has some sessions that will meet these requirements. Check out the agenda.

What you can expect:

1. Increase education about and reduce stigma surrounding substance use during pregnancy.
2. Emphasize the relationship between abrupt discontinuation of substances, maternal relapse, overdose, withdrawal, and fetal distress.
3. Provide community resources for pregnant women in Texas.

LEARNING OUTCOMES

Participants will identify at least one area in which the symposium increased their knowledge regarding connecting families and communities using culturally congruent approaches and the latest evidence-based practice relating to neonatal abstinence syndrome.

Criteria for Successful Completion and Award of Contact hours:

Registered nurses must complete the evaluation. "Certificate of Successful Completion" will be provided

for

Pre-Conference Brief Motivational Interviewing 3.5 contact hours

Overdose Prevention Training: Key Updates & Refresher 1.5 contact hours

NAS Symposium 14.67 contact hours

CONTINUING EDUCATION

Continuing Education provided for Nurses, Physicians, Psychologists, Social Workers, Licensed Chemical Dependency Counselor, Licensed Professional Counselor & Peer Support Providers.

Continuing Nursing Education:

University of Texas Health Science Center at San Antonio is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Continuing Social Work Education:

University of Texas Health Science Center at San Antonio School of Nursing is approved by the Texas (push together instead of space) State Board of Social Worker Examiners to provide Social Worker CE.

Continuing Medical Education:

The UT Health Science Center San Antonio is accredited by the ACCME (Accreditation Council for Continuing Medical Education) to provide continuing medical education for physicians.

This activity has been approved for AMA PRA Category 1 Credits™

Continuing Education Unit:

The Centralized Training Infrastructure for Evidence Based Practices is a provider of continuing education for the following clinical licenses: Psychologists, Licensed Professional Counselors (LPC), Licensed Chemical Dependency Counselors (LCDC) and Licensed Marriage and Family Therapy (LMFT) Counselors.

PLANNING COMMITTEE

Julie Ball, Certified Mental Health Peer Specialist, Mom

Leticia Bresnahan, Director, Office of Continuing Medical Education, UT Health San Antonio School of Nursing

Lisa Cleveland, PhD, RN, PNP-BC, IBCLC, Associate Professor, School of Nursing, UT Health San Antonio

Kimberly Cox, MS, RN, NE-BC, Accredited Provider Program Director, Department of Lifelong Learning, UT Health San Antonio School of Nursing

Tiffany Harper, Residential Monitor, Crosspoint Inc., Mom

Natalie J. Maples, DrPH, MA, Assistance Professor, Department of Psychiatry & Behavioral Sciences, UT Health San Antonio

Erin Marratta, BA, NAS Coordinator, Health and Human Services Commission

Justin McClenny, LCDC, Intervention, Health and Human Services Commission

Sherece McGoon, CE Coordinator, Department of Lifelong Learning, UT Health San Antonio School of Nursing

Laura Munch Czepiel, LCDC, PSV, Health and Human Services Commission

Robert J. Nolan, Jr. MD, Associate Dean for CME, UT Health San Antonio

Leticia Scott, MA, Program Manager, UT Health San Antonio School of Nursing

Marcy D. Stahl, MEd, Program Specialist, Substance Intervention and Treatment Programs, Health and Human Services Commission

Beverly Watts Davis, Chief Officer for Resource Development and Senior Vice President for Texas, WestCare Foundation

Cindy Sickora, DNP, MS, RN, FAAN, Clinical Professor, Vice Dean of Practice & Engagement UTH SON, Interim Clinical Director, Caring for the Caregiver, UT Health SON

THANK YOU TO OUR SPONSOR



THANK YOU TO OUR EXHIBITORS



FAMILY To FAMILY
SUPPORT NETWORK

SANTA MARIA



San Antonio Council on
Alcohol & Drug Awareness



EXHIBIT SPONSOR CONTACT INFORMATION

WestCare Texas

Alisa Garza, Administrative Assistant,
alisa.garza@westcare.com

Abbott Nutrition

Lindsey Pearson, CCLS, District Manager San Antonio, Lindsey.Pearson@abbott.com

Alpha Home

Liza Jensen, LCSW-BCD, Chief Executive Officer,
ljensen@alphahome.org

Be Well Texas

Jarisma Urtega, Senior community Outreach Coordinator,
urtega@uthscsa.edu

ECI Project Ninos (HHS Contractor)

Vince Briseno - Child Find Coordinator Ana Bazan - Child Find Coordinator, visente.briseno@cacost.org

Council On Alcohol and Drug Abuse- Coastal Bend

Roxanne Morales COADA Project Link + Operation Link Program Director, rmorales@coada-cb.org

Family to Family Support

Rebecca Vahle, MEd, rvahle@familytofamilysupport.org

Santa Maria Hostel

Paula Garcia, LPC, LCDC-I, Mental Health Counselor,
pgarcia@santamariahostel.org

San Antonio Council on Alcohol and Drug Awareness

Elizabeth Garcia Recovery Support Peer Specialist/Case Manager, egarcia@sacada.org

211 Texas/United Way of Greater Houston

Janna Shoe, LBSW-IPR, CRS Outreach & Disaster Coordinator, jshoe@unitedwayhouston.org



HOTEL INFO

The conference will be held at the
Omni Corpus Christi Hotel
900 North Shoreline Boulevard
Corpus Christi, Texas 78401
(361) 887-1600

THINGS TO DO IN CORPUS CHRISTI

Texas State Aquarium <https://www.texasstateaquarium.org/>

USS Lexington <https://usslexington.com/>

Corpus Christi Museum of Science & History <https://www.ccmuseum.com/>

South Texas Botanical Gardens & Nature Center
<https://stxbot.org/>

Padre Island National Seashore <https://www.nps.gov/pais/index.htm>

[And so much more](#)

KEEP LEARNING

CONFERENCE POLICIES

Guest Attendance Policy:

All conference activities (including educational sessions, meal functions, exhibit hall, etc.) are exclusively reserved for conference attendees. Non-registered guests (including children, family members, colleagues, etc.) are not allowed in the conference areas. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

DLL Conference Modification or Cancellation:

DLL reserves the right to modify the course's schedule or program as necessary. DLL also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided.

The Department of Lifelong Learning cannot be held responsible for the cost of a nonrefundable airline ticket or flight change in the event of a course cancellation or the rescheduling of the program. Upon registering in any continuing Nursing Education activity, the participant agrees that the University of Texas Health Science Center at San Antonio and their affiliates, and all personnel associated with the program are not responsible or liable for any injuries or other damages sustained by the attendee in connection with the scheduled activity, and the participant hereby releases each of them from any claims against them arising directly or indirectly from any such injury or damage. We are unable to refund any travel costs (flight, hotel, etc.) in the case of DLL cancellation.

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